

BREASTFEEDING

New Brunswick  
Nouveau Brunswick

# The New Brunswick Prenatal Breastfeeding Class

Be prepared, be confident.  
Get breastfeeding off to a great start!

A free web-based program with links to trusted information.

## LEARN AT ANY TIME AND AT YOUR OWN PACE:

- Normal newborn behavior and care
- Positioning and latching
- Ways partners and family can help **and more!**



[GNB.CA/BREASTFEEDING](http://GNB.CA/BREASTFEEDING)



Developed by NB Lactation Consultants,  
Nurses and Dietitians &  
The NB Baby-Friendly Initiative